



EUROPEAN NARCOLEPSY NETWORK



PROGRAM



PROGRAM



# 16<sup>TH</sup> EUROPEAN NARCOLEPSY MASTER CLASS

17/05/2019

BERN UNIVERSITY HOSPITAL, INSELSPI TAL

 **INSELSPI TAL**  
UNIVERSITÄTSSPI TAL BERN  
BERN UNIVERSITY HOSPITAL

 **BENESCO**  
Bern Network Epilepsy Sleep Consciousness

*u<sup>b</sup>*  
**UNIVERSITÄT  
BERN**  
Interfaculty Research Cooperation:  
Decoding Sleep

  
Swiss Narcolepsy Network

IN COLLABORATION WITH:

 **ESF**  
European Sleep Foundation  
Fondazione Europea Sonno

## EU-NN BOARD

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*Neurology Dept.,  
Bern University Hospital*
-  **G. Plazzi (Vice-President)**  
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(LUMC)*
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-  **K. Sonka** *Neurology Dept.,  
Charles University and General  
University Hospital, Prague*

## 16<sup>TH</sup> EUROPEAN NARCOLEPSY MASTER CLASS

*Dear colleagues, guests and friends,*

On behalf of the European Narcolepsy Network (EU-NN), it is my pleasure to invite you to the 16<sup>th</sup> European Narcolepsy Master Class, which returns to Switzerland after 14 years after (the first event took place in 2005 in Zurich in 2005) returns to Switzerland.

The EU-NN is a non-profit organization whose mission is to increase public awareness about narcolepsy and related diseases and to support initiatives in research, education and management to improve the quality of life for all affected persons. The European Narcolepsy Master Class is an educational event which, over the years, has gained a unique reputation for the quality of its programs and speakers.

This year's event will offer an Update on Narcolepsy with sessions on its etio-pathophysiology, clinical features, differential diagnosis, and treatment options.

Please note that the Master Class will be followed by the 10<sup>th</sup> European Narcolepsy Day (Bern, May 18-19, 2019) which includes an in- depth update

on the narcolepsy borderland, lectures on the most recent clinical and scientific advances in narcolepsy, presentations by young researchers, a poster session, debates coordinated by patients representatives, and different award ceremonies, including the first time presentation, for the first time, of the "European Narcolepsy Award" to Prof. Emmanuel Mignot (USA) and Prof. Masashi Yanagiswawa (Japan).

We very much look forward to welcoming you all of you in to the beautiful city of Bern in May 2019.

*Warm Regards,*



Prof. Claudio Bassetti  
*President of the European Narcolepsy Network*

FRIDAY, 17<sup>TH</sup> MAY 2019  
**NARCOLEPSY, UPDATE 2018**

08.30 Registration

09.00 Welcome and introduction  
*C. Bassetti (CH) - President of the EU-NN*  
*M. Hatzinger (CH) - President of the SSSSC*

**SESSION 1 - ETIO-PATHOPHYSIOLOGY**

 CHAIR: Y. DAUVILLIERS (FR)

09.15 Circuits of narcolepsy - *C. Peyron (FR)*

09.45 Autoimmunity of narcolepsy  
*F. Sallusto (CH)*

10.15 Discussion

10.30 Break

**SESSION 2 - CLINICAL PRESENTATION  
(WITH CASE EXAMPLES)**

 CHAIR: R. KHATAMI (CH)

11.00 Clinical features in adults - *P. Reading (UK)*

11.30 Clinical features in children - *G. Plazzi (IT)*

12.15 Discussion

12.30 Lunch

**SESSION 3 - DIAGNOSIS/DIFFERENTIAL  
DIAGNOSIS (WITH CASE EXAMPLES)**

 CHAIR: K. SONKA (CZ)

15.00 Diagnosis - *R. Fronczek (NL)*

15.30 Differential diagnosis - *C. Bassetti (CH)*

16.00 Discussion

16.15 Break

**SESSION 4 - TREATMENT (WITH CASE  
EXAMPLES)**

 CHAIR: G.J. LAMMERS (NL)

16.45 Management in adults - *U. Kallweit (DE)*

17.15 Management in children - *M. Lecendreux (FR)*

17.45 Discussion

13.30-14.15  
**SATELLITE SYMPOSIUM**



**PITOLISANT AND THE HISTAMIN PATHWAY  
IN NARCOLEPSY**

 CHAIR: C. BASSETTI (CH)

13.30 Introduction - *C. Bassetti (CH)*

13.35 Pitolisant Clinical data - *R. Fronczek (NL)*

13.55 Pitolisant Mode of action, Multiple  
treatment comparison in narcolepsy:  
a Networkmetaanalysis - *C. Caussé (FR)*

14.10 Discussion

 **C. Bassetti**  
Neurology Dept.,  
Bern University  
Hospital

 **R. Fronczek**  
Neurology Dept.,  
Leiden University  
Medical Centre  
(LUMC)

 **C. Caussé**  
Central Nervous  
System (CNS)  
European Medical  
Lead

14.15-15.00  
**SATELLITE SYMPOSIUM**



**HOW DOES EXCESSIVE DAYTIME SLEEPINESS  
IMPACT PATIENTS?**

 CHAIR: M. TAFTI (CH)

14.15 Introduction - *M. Tafti (CH)*

14.20 Poor sleep and excessive daytime  
sleepiness (EDS), and their relation to brain  
function and damage - *C. Baumann (CH)*

14.35 EDS and driving - reason for concern?  
*P. Philip (FR)*

14.50 Conclusion and Q&A - *M. Tafti (CH)*

 **M. Tafti**  
Physiology Dept.,  
University of  
Lausanne

 **C. Baumann**  
Neurology Dept.,  
University Hospital  
Zurich

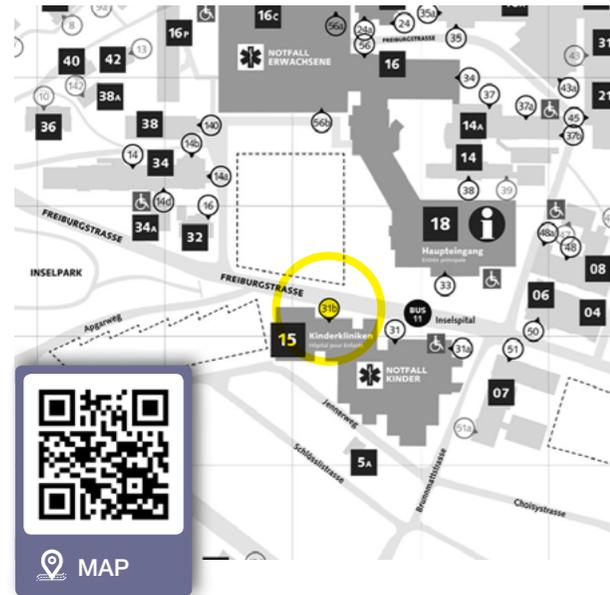
 **P. Philip**  
Sleep, Addiction  
and Neuropsychiatry,  
University of  
Bordeaux

## MEETING VENUE

### INSELSPITAL BERN

UNIVERSITÄTSKLINIK FÜR KINDERCHIRURGIE  
UND KINDERHEILKUNDE

AUDITORIUM ETTORE ROSSI (31b)  
Freiburgstrasse 15  
CH-3010 Bern



## CREDITS

Swiss Neurological Society (SNG):  
7 CREDITS

Swiss Society for Sleep Research, Sleep Medicine  
and Chronobiology (SGSSC):  
6 CREDITS

## EACCME® CREDITS

The 16<sup>th</sup> European Narcolepsy Masterclass, Bern, Switzerland, 17/05/2019-17/05/2019 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 5 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the Evaluation Form.

## EVALUATION FORM

Your opinion is very important for our improvement process! We kindly ask 2 minutes of your precious time to answer some easy and fast questions related to the quality of the event.

## AN UNCONDITIONED SUPPORT HAVE BEEN REQUESTED TO:



## PATRONAGE:



## TEACHING COMMITTEE of the EU-NN



**C. Bassetti** *Neurology Dept.,  
Bern University Hospital*



**S. Knudsen** *Oslo University Hospital*



**R. Fronczek** *Neurology Dept.,  
Leiden University Medical Centre (LUMC)*



**F. Pizza** *Biomedical and Neuromotor  
Sciences Dept., Università di Bologna*



**P. Reading** *Neurology Dept., The James  
Cook University Hospital, Middlesbrough*



**K. Sonka** *Neurology Dept., Charles University  
and General University Hospital, Prague*

*in collaboration with:*

## PAST-PRESIDENTS of the EU-NN



**G.J. Lammers** *Neurology Dept.,  
Leiden University Medical Centre (LUMC)*



**G. Mayer** *Neurology Dept.,  
Hephata Klinik, Schwalmstadt-Treysa*



**For more information:**

[www.europeansleepfoundation.ch](http://www.europeansleepfoundation.ch)

## LOCAL ORGANIZER



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BERN UNIVERSITY HOSPITAL

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## ORGANIZING SECRETARY



European Sleep Foundation  
Fondazione Europea Sonno

**ANDREA BARZAGO**

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