

EUROPEAN SLEEP FOUNDATION

2019 Activity Report

2019 ACTIVITY REPORT

Education

As we have done since 2017, the ESF supported the Academy of Sleep and Consciousness ASC and its students all through 2019. Together we have accomplished to not only continue the CAS/DAS/MAS in Sleep, Consciousness and Related Disorders but to also improve the educational program significantly.

JULY 2019

In July 2019, 14 Students have successfully graduated the first edition of the CAS in Sleep, Consciousness and Related Disorders (CAS SCD). The ESF has supported each student with a scholarship of CHF 3'500, which amounts to 50% of the full tuition fee.

DECEMBER 2019

10 students have enrolled into the Diploma of Advanced Studies of Sleep, Consciousness and Related Disorders (DAS SCD) to continue with the program. The ESF supports each student with a scholarship of CHF 4'500, which amounts to over 55% of the full tuition fee.



July 2019; CAS SCD students at the Villa Saroli in Lugano

2019 ACTIVITY REPORT

Education

OCT. - DEC. 2019

The ESF has successfully supported the ASC in acquiring important international partnerships with leading institutions.

- Università Vita-Salute San Raffaele, Italy
- Université Grenoble Alpes, France
- University of Freiburg, Germany
- University of Ljubljana, Slovenia
- Almazov National Medical Research Center, Russia
- Carol Davila University of Medicine and Pharmacy, Romania
- Iuliu Hatieganu University, Cluj-Napoca, Romania
- FUCS University, Colombia



Univerza v Ljubljani



FUNDACIÓN UNIVERSITARIA
DE CIENCIAS DE LA SALUD
FUCS

ASC collaborating institutions

2019 ACTIVITY REPORT

ESF Events

The following ESF events have been organized in 2019.

MARCH 2019

Sleep Science Winter School (SSWS), Wengen, Switzerland
March 1-4, 2019

JULY 2019

Sleep Medicine Summer School (SSWS), Lugano, Switzerland
July 1-5, 2019

OCTOBER 2019

Think Tank/World Sleep Forum, Baveno, Italy
October 18-20, 2019



SSWS 2019 flyer



SMSS 2019 flyer



Think Tank/World Sleep Forum 2019 flyer

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ESF Event Patronage

The following events have been patronaged by the ESF in 2019.

MAY 2019

16th European Narcolepsy Master Class, Bern, Switzerland
May 17, 2019

10th European Narcolepsy Days, Bern, Switzerland
May 18-19, 2019

OCTOBER 2019

3rd German Narcolepsy Day, Witten, Germany
October 26, 2019



ESF at Narcolepsy Day in Witten, Germany

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Prevention

APR. - DEC. 2019

The ESF in collaboration with Denise Liardet of the International Academy of Audiovisual Sciences (CISA) has produced a photographic portfolio about sleep and consciousness disorders. The portfolio has been shown at different occasions in order to direct the spotlight at sleep and consciousness disorders through an artistic approach.

The following exhibitions have been taking place in 2019:

- Full exhibition at the Villa Saroli in Lugano, Switzerland
- Full exhibition at the Sleep Center of the Hospital of Lugano (EOC), Switzerland
- Selection shown at the Narcolepsy Day in Witten, Germany



Photographic exhibition at Villa Saroli in Lugano



Photographic exhibition at Villa Saroli in Lugano

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Promotional activity

MAR. - SEPT. 2019

The ESF in collaboration with the International Academy of Audiovisual Sciences (CISA) has produced a promotional video introducing the ESF and its support of the Academy of Sleep and Consciousness (ASC).

The full video can be seen on the ESF website at www.europeansleepfoundation.ch



ESF promotional video



ESF promotional video

HOW TO CONTACT US

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HOW TO SUPPORT US

If you would like to support us, you can transfer
your donation directly into our bank account:

European Sleep Foundation Lugano

Bank name : UBS Lugano

Account number: CH530024724717796801Y

SWIFT: UBSWCHZH80A

Please put your full name as a reference and email to info@europeansleepfoundation.ch
to let us know that you've donated or paid in your fundraising money.