

A very special thank you goes to our sponsors. Without their support we would not have the opportunity to positively influence the developments and progress within the field of Sleep Medicine in the way we are able to do today.

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THE EUROPEAN SLEEP FOUNDATION

ACTIVITY REPORT 2018



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The ESF actively supports the inter-university Master's degree of the University of Bern and the Università della Svizzera italiana - USI, in association with the Ente Ospedaliero Cantonale - Cantonal Hospital Authority EOC and the Inselspital Bern - University Hospital of Bern, in the field of sleep diseases, consciousness and related disorders, whose operation is entrusted to the Academy of Sleep and Consciousness ASC (<http://www.asc.unibe.ch>). The educational path is designed to train specialists to better inform their decisions in their daily professional activities.

JANUARY 2018 - JUNE 2018

For the overall management of the training courses (CAS, DAS, MAS) in Sleep and Consciousness Disorders, the Academy of Sleep and Consciousness (ASC) was created, supported by its dedicated website (www.asc.unibe.ch).

At the same time the Institutional Committee and the Scientific Committee of the Academy of Sleep and Consciousness were created, both of which are chaired by Prof. Dr. med. Claudio Bassetti.

On the 21st of June, 2018, the first edition of the CAS in Sleep, Consciousness and Related Disorders was officially presented in Switzerland and in Europe.

JULY 2018 - SEPTEMBER 2018

The marketing at European level was begun in this period. The program was promoted primarily through personal contacts with Swiss and European universities and hospitals, in order to motivate candidates to enrol in this innovative training opportunity.

The results well exceeded initial expectations, for by the end of the registration period as many as 17 candidates from a number of European countries had submitted their candidacy.

The origins of the candidates are as follows: 6 Swiss, 1 American, 1 Belgian, 2 Slovenian, 2 Croatian, 2 Romanian, 1 Italian, 1 Norwegian and 1 German.

In order to promote the registration of candidates, the ESF Board of Trustees decided to contribute with scholarships to each participant, to the extent of 50% of the cost of the CAS, namely CHF 3,500.- per registered participant, and a contribution towards the accommodation in Wengen and Lugano (CHF 1,200.- per participant), where mandatory courses are held.

OCTOBER 2018

On October 18, 2018, at the Inselspital Bern, in the context of the Berner Schlaf-Wach-Tage, an official session was held under the auspices of the ESF, which represented the inauguration and the official launch of the CAS within the ACS.

NOVEMBER 2018 - PRESENT

During this period, activities were focused on the detailed preparation of the contents of the DAS and the MAS. New communication channels, in particular targeting Asia and South America, will need to be explored to increase our international visibility, and promote our educational program to interested parties beyond Europe.

Finally, we plan to implement agreements with foreign universities for patronage activities and formal involvement in the training courses provided at CAS, DAS and MAS level.



Prof. Dr. med. Claudio Bassetti
Chairman



Dr. med. MPH Fabrizio Barazzoni
Vice-Chairman