

WITH THE UNCONDITIONAL SUPPORT OF:



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World Sleep Forum 2024

7th Think Tank

Sleep health and the
burden of sleep disorders

 **OCTOBER 1-2, 2024**
LUGANO | SWITZERLAND



More information will follow on:
www.europeansleepfoundation.ch



OCTOBER 1, 2024

- 09.00 **Welcome and Introduction**
C. Bassetti, M. Manconi
- 09.45 **Keynote Lecture: WHO** - *T. Dua*
- 10.30 *Coffee Break*

11.00-13.30 **WORKSHOP 1** **EPIDEMIOLOGY OF SLEEP DISORDERS**

 *Chairs: E. Albanese, J.L. Pepin, L. Vignatelli*

- 13.00 General Discussion: future directions and next steps

13.30 *Lunch*

14.30-17.00 **WORKSHOP 2** **BURDEN OF SLEEP DISORDERS** **(Disability, morbidity, mortality, patient related outcomes)**

 *Chairs: W. Randerath, D. Riemann, R. Ferri*

- 16.30 General Discussion: future directions and next steps

OCTOBER 2, 2024

- 09.15 **Keynote Lecture: Epidemiology and burden of medical disorder. State of the art** - *A. Hofman*

10.00 *Coffee Break*

10.30-13.00 **WORKSHOP 3** **SLEEP HEALTH** **(body, mental, brain, occupation and social)**

 *Chairs: C. Bassetti, S. Stranges, J. Jarsma*

- 12.30 General Discussion: future directions and next steps

13.00 *Lunch*

14.00-16.30 **WORKSHOP 4** **COSTS OF SLEEP DISORDERS** **(and of their managements)**

 *Chairs: R. Dodel, P. Jennum, W. Heisel*





- 16.00 General Discussion: future directions and next steps

- 16.30 *Coffee Break*
- 17.00 General Discussion
- 18.00 Closing remarks

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