Dear colleagues, patients, guests and friends,

the EUROPEAN NARCOLEPSY DAY (END) is a scientific symposium which is held annually and rotate through every European Union country. The END is organized by the European Narcolepsy Network (EUNN), a European non-profit organization whose objective is to increase public perception about narcolepsy and to promote research and new studies to investigate and to treat this disease. The scientific program will be supplemented by patient workshop because there is a goal that the patient perspective of the disease will be integrated into science.

Due to this extraordinary situation, we have been working hard to offer the option of digital attendance to the European Narcolepsy Day. Now more than ever we need to be able to collaborate as a community, transforming this crisis into a new opportunity, one that will open a wide and ongoing discussion on our collective local and national experiences and challenges in fighting the COVID-19 pandemic, especially with regard to our patients.

This year’s program, will cover all aspects of narcolepsy: epidemiology, etiopathology, symptoms, diagnosis and differential diagnosis and treatment. It also includes clinical and scientific sessions on narcolepsy and its treatment, lectures on the most recent publications in the field of narcolepsy, pediatric updates, and New European guidelines will be presented. In addition, the program includes a patients-centered session to discuss also their needs. Furthermore, there will be parallel sessions (both basic and advanced levels) on diagnosis and management of children and adults; challenging cases for diagnosis and management of sleep disturbances and co-morbidities in narcolepsy.

Warm Regards,

Prof. Claudio Bassetti
President of the European Narcolepsy Network
SATURDAY, 5TH SEPTEMBER 2020

08.50 WELCOME - C. Bassetti (CH), U. Kallweit (DE), C. Veauthier (DE)
09.00 Pathophysiology of Narcolepsy and recent basic science - C. Peyron (FR), B. Kornum (DK)
09.50 Diagnosis and narcolepsy borderland - G.J. Lammers (NL), Y. Dauvilliers (FR)
10.25 Break
10.45 New European Management Guidelines - C. Bassetti (CH), U. Kallweit (DE)
11.20 Pediatric narcolepsy and transition to adults - G. Plazzi (IT), M. Lecendreux (FR)
11.55 Lunch
12.30 Bioprojet & AOP ORPHAN SPONSORED SYMPOSIUM
13.20 Jazz Pharmaceuticals ORPHAN SPONSORED SYMPOSIUM
14.05 Break
14.20 Patient-centered session:
  • PROMS - M. Zenti (IT), G. Plazzi (IT)
  • EFNA Presentation - J. Jaarsma (NL), K. Sonka (CZ)
  • Patients’ needs - L. Sickenga (NL), R. Fronczek (NL)
15.20 Break
15.30 TOPIC MEETINGS pag. 6
  Parallel sessions - Basic Level
16.30 TOPIC MEETINGS pag. 6
  Parallel sessions - Advanced Level
17.30 Break
17.45 Narcolepsy 2025 – recent new clinical science and outlook - Y. Dauvilliers (FR), R. Khatami (CH)
18.20 Young Scientist Award - B. Kornum (DK)
18.30 Farewell and outlook to Berlin 2021 - C. Bassetti (CH), U. Kallweit (DE), C. Veauthier (DE)
19.00 Videos on demand from all sessions

12.30-13.20 Bioprojet & AOP ORPHAN SPONSORED SYMPOSIUM

13.20 - 14.05 Jazz Pharmaceuticals SPONSORED SYMPOSIUM

PITOLISANT: REAL-WORLD EXPERIENCE AND BENEFIT-RISK RATIO
CHAIRMAN: C. VEAUTHIER (DE)

Pitolisant: real-world experience and daily practice Data - U. Kallweit (DE)
Pitolisant benefit/risk ratio in narcolepsy - C. Caussé (FR)

T. Penzel (DE)
13.25 The frequency, burden and impact of excessive daytime sleepiness: a neurologist’s perspective - R. Jennum (DK)
13.40 Solriamfetol: a new therapy for excessive daytime sleepiness in patients with obstructive sleep apnoea or narcolepsy - G. Mayer (DE)
13.55 Q&A
14.05 Close - T. Penzel (DE)
### 15.30-16.30 TOPIC MEETINGS
Parallel sessions - Basic Level

1. Diagnosis children - F. Pizza (IT), L. Barateau (FR), J. Sonka (CZ)
2. Diagnosis - R. Khatami (CH), R. Fronczek (NL), A. Wierzbicka (PL)
4. Management adults - P.J. Jennun (DK), M. Partinen (FI), L. Dolenc-Grosej (SLO)

### 16.30-17.30 TOPIC MEETINGS
Parallel sessions - Advanced Level

5. Challenging cases for diagnosis and management - R. Khatami (CH), S. Knudsen Heier (NO)
6. Management of sleep disturbances in narcolepsy - J. Santamaria (PT), K. Sonka (CZ)
7. Management of co-morbidities in narcolepsy - C. Veauthier (DE), G. Mayer (DE), P.J. Jennun (DK)

### HOW TO ATTEND

ONLINE REGISTRATION IS FREE AND MANDATORY.
To join the webinar please register HERE or scan the QR code.
Deadline for online registration: 31ST August 2020

### CREDITS

- Schweizerische Gesellschaft für Klinische Neurophysiologie (SGKN): ON REQUEST
- Swiss Society for Sleep Research, Sleep Medicine and Chronobiology (SGSSC): 9 CREDITS
- EACCME® CREDITS
  An application has been made to EACCME® (The European Accreditation Council for CME) ON REQUEST

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For more information and registration:
www.europeansleepfoundation.ch/event/european-narcolepsy-day-2020