



EUROPEAN NARCOLEPSY NETWORK

PROGRAM



EUROPEAN NARCOLEPSY DAY 2020






17TH EUROPEAN NARCOLEPSY MASTERCLASS
11TH EUROPEAN NARCOLEPSY DAY

05/09/2020
LIVE FROM **BERLIN**  (GMT +2)

In collaboration with:



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EUROPEAN NARCOLEPSY DAY 2020

Dear colleagues, patients, guests and friends,
the **EUROPEAN NARCOLEPSY DAY (END)** is a scientific symposium which is held annually and rotate through every European Union country. The END is organized by the European Narcolepsy Network (EUNN), a European non-profit organization whose objective is to increase public perception about narcolepsy and to promote research and new studies to investigate and to treat this disease. The scientific program will be supplemented by patient workshop because there is a goal that the patient perspective of the disease will be integrated into science.

Due to this extraordinary situation, we have been working hard to offer the option of digital attendance to the European Narcolepsy Day. Now more than ever we need to be able to collaborate as a community, transforming this crisis into a new opportunity, one

that will open a wide and ongoing discussion on our collective local and national experiences and challenges in fighting the COVID-19 pandemic, especially with regard to our patients.

This year's program, will cover all aspects of narcolepsy: epidemiology, etiopathology, symptoms, diagnosis and differential diagnosis and treatment. It also includes clinical and scientific sessions on narcolepsy and its treatment, lectures on the most recent publications in the field of narcolepsy, pediatric updates, and New European guidelines will be presented. In addition, the program includes a patients-centered session to discuss also their needs. Furthermore, there will be parallel sessions (both basic and advanced levels) on diagnosis and management of children and adults; challenging cases for diagnosis and management and management of sleep disturbances and co-morbidities in narcolepsy.

Warm Regards,



Prof. Claudio Bassetti
President of the European Narcolepsy Network

SATURDAY, 5TH SEPTEMBER 2020

- 09.00 WELCOME - *C. Bassetti (CH), U. Kallweit (DE), C. Veauthier (DE)*
- 09.15 Pathophysiology of Narcolepsy and recent basic science - *C. Peyron (FR), B. Kornum (DK)*
- 09.50 Diagnosis and narcolepsy borderland
G.J. Lammers (NL), Y. Dauvilliers (FR)
- 10.25 ☕ Break
- 10.45 New European Management Guidelines
C. Bassetti (CH), U. Kallweit (DE)
- 11.20 Pediatric narcolepsy and transition to adults
G. Plazzi (IT), M. Lecendreux (FR)
- 11.55 🍴 Lunch
- 12.30 **Bioprojet & AOP Sponsored Symposium 1**
- 13.20 **Jazz Pharmaceuticals Sponsored Symposium 2**
- 14.05 ☕ Break

- 14.20 *Patient-centered session:*
- PROMS - *M. Zenti (IT), G. Plazzi (IT)*
 - EFNA Presentation - *J. Jaarsma (NL), K. Sonka (CZ)*
 - Patients' needs - *L. Sickenga (NL), R. Fronczek (NL)*
- 15.20 Break
- 15.30 **TOPIC MEETINGS 3** pag. 6
Parallel sessions - Basic Level
- 16.30 **TOPIC MEETINGS 4** pag. 6
Parallel sessions - Advanced Level
- 17.30 ☕ Break
- 17.45 Narcolepsy 2025 – recent new clinical science and outlook - *Y. Dauvilliers (FR), R. Khatami (CH)*
- 18.20 Young Scientist Award - *B. Kornum (DK)*
- 18.30 Farewell and outlook to Berlin 2021
C. Bassetti (CH), U. Kallweit (DE), C. Veauthier (DE)
- 19.00 Videos on demand from all sessions

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12.30-13.20
**Bioprojet & AOP ORPHAN
SPONSORED SYMPOSIUM**

**PITOLISANT: REAL-WORLD
EXPERIENCE AND BENEFIT-RISK
RATIO**

👤 CHAIRMAN: *C. VEAUTHIER (DE)*

Pitolisant: real-world experience and daily practice Data - *U. Kallweit (DE)*

Pitolisant benefit/risk ratio in narcolepsy -
C. Caussé (FR)

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13.20 - 14.05
**Jazz Pharmaceuticals
SPONSORED SYMPOSIUM**

- 13.20 Welcome and introduction
T. Penzel (DE)
- 13.25 The frequency, burden and impact of excessive daytime sleepiness: a neurologist's perspective - *P. Jennum (DK)*
- 13.40 Solriamfetol: a new therapy for excessive daytime sleepiness in patients with obstructive sleep apnoea or narcolepsy - *G. Mayer (DE)*
- 13.55 Q&A
- 14.05 Close - *T. Penzel (DE)*

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15.30-16.30 TOPIC MEETINGS

Parallel sessions - Basic Level

1. Diagnosis children - *F. Pizza (IT), L. Barateau (FR), J. Sonka (CZ)*
2. Diagnosis - *R. Khatami (CH), R. Fronczek (NL), A. Wierzbicka (PL)*
3. Management children - *G. Mayer (DE), G. Plazzi (IT), M. Lecendreux (FR)*
4. Management adults - *P.J. Jennum (DK), M. Partinen (FI), L. Dolenc-Groselj (SLO)*

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16.30-17.30 TOPIC MEETINGS

Parallel sessions - Advanced Level

5. Challenging cases for diagnosis and management - *R. Khatami (CH), S. Knudsen Heier (NO)*
6. Management of sleep disturbances in narcolepsy - *J. Santamaria (PT), K. Sonka (CZ)*
7. Management of co-morbidities in narcolepsy - *C. Veauthier (DE), G. Mayer (DE), P.J. Jennum (DK)*

HOW TO ATTEND



ONLINE REGISTRATION IS FREE AND MANDATORY.

To join the webinar please register [HERE](#) or scan the QR code.

Deadline for online registration: 31ST August 2020



www.research.net/r/VirtualMeeting_END2020

CREDITS

- Schweizerische Gesellschaft für Klinische Neurophysiologie (SGKN): **ON REQUEST**
- Swiss Society for Sleep Research, Sleep Medicine and Chronobiology (SGSSC): **9 CREDITS**
- EACCME® CREDITS
An application has been made to EACCME® (The European Accreditation Council for CME) **ON REQUEST**

WITH THE UNCONDITIONAL SUPPORT OF:



PATRONAGE:



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For more information and registration:

www.europeansleepfoundation.ch/event/european-narcolepsy-day-2020

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