

12TH EUROPEAN NARCOLEPSY DAYS

# NARCOLEPSY: TOWARDS AN INDIVIDUALIZED TREATMENT

18-19/09/2021 | LIVE FROM BERLIN RADISSON BLU HOTEL, BERLIN



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#### 12TH EUROPEAN NARCOLEPSY DAYS

## NARCOLEPSY: TOWARDS AN INDIVIDUALIZED TREATMENT

Dear colleagues, patients, guests and friends,

The 12<sup>th</sup> European Narcolepsy Days – Towards an individualized therapy which immediately follows the 18<sup>th</sup> European Narcolepsy MasterClass, is a joint meeting with patients and includes clinical and scientific sessions on narcolepsy and its treatment, lectures on the most recent publications in the field of narcolepsy, pediatric updates, short presentations by young investigators on current research projects, a poster session and a keynote lecture on clinical, pathophysiological and therapeutic aspects of narcolepsy and its socio-economic impact.

Representatives of national patient organizations will host a joint workshop with clinicians and a second session in which questions prepared by patients will be discussed together with physicians and scientists. Due to the current Covid-19 pandemic and related national and international restrictions, the Board is currently monitoring the situation to define as soon as possible the final format for the event.

The Board strongly desire to keep the usual in-person format and consequently to be able to welcome onsite as much people as possible.

A final decision will be taken in the next months according to the general worlwide situation.

Warm Regards,

Prof. Claudio Bassetti

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President of the European Narcolepsy Network

#### SATURDAY, 18TH SEPTEMBER 2021

- 08.00 Registration and coffee
- 08.45 Welcome C. Bassetti (CH), U. Kallweit (DE), C. Veauthier (DE)

#### SESSION 1 - SCIENCE SUMMARIZED

- A Moderators: C. Veauthier (DE), Y. Dauvilliers (FR)
- 09.00 Year in review: clinical F. Pizza (IT)
- 09.40 Year in review: basic T.E. Scammell (US)
- 10.15 Coffee break

#### **SESSION 2 - PEDIATRIC NARCOLEPSY**

- 🚣 Moderator: G. Plazzi (IT)
- 10.35 Sleep in pediatric narcolepsy K. Maski (US)
- 11.05 Management M. Lecendreux (FR)
- 11.45 World Narcolepsy Association Meeting (Closed event Participation by invitation only)
- 11.45 X Lunch and Poster
- 13.00 EU-NN assembly (for EU-NN members)
  C. Bassetti (CH)
- 14.00 eNAP Meeting (Closed meeting Patients only)

- 14.00 Sponsored Symposium 1
- 14.45 Sponsored Symposium 2
- 15.30 Coffee break

### 15.45 SESSION 3 - YOUNG SCIENTIST SESSION (6 TALKS)

▲ Moderator: A. Wierzbicka (PL), J. Santamaria (ES)

- 16.45 EU-NN database session update R. Khatami (CH)
- 17.15 **C**Offee break

#### SESSION 4 - TRANSLATIONAL RESEARCH

- A Moderator: H.M. Ollila (FI)
- 17.30 Hypocretin neurons in narcolepsy: dead or silenced? A. Seifinejad (CH)
- 17.50 Imaging in hypersomnolence disorders T.T. Dang-Vu (CA)
- 18.10 Post-mortem research R. Fronczek (NL)
- 18.30 Posters and Drinks
- 19.30 **X** Dinner



#### SUNDAY, 19TH SEPTEMBER 2021

#### SESSION 5 - PATIENTS SESSION

A Moderator: R. Fronczek (NL)

eNAP presentation 09.00 L. Sickenga (NL), M. Zenti (IT)

Individualized treatment from the patients' 09.30 perspective - M. Zenti (IT), L. Sickenga (NL), C. Landstedt (DK), M. Rautio (FI), A. Hickev (IE)

Coffee break 10.30

#### SESSION 6 - AWARDS CEREMONY & LECTURES

A Moderators: C. Bassetti (CH), B. Kornum (DK)

11.00 Awards ceremony, Best poster award and Best short talk award

11.15 Young Scientist Award 2021 + lecture

Narcolepsy Research Award and Keynote 11.35 Lecture - (\*) R. Broughton (CA)

12.00 Closing ceremony and farewell END 2022 C. Bassetti (CH), U. Kallweit (DE), C. Veauthier (DE), G. Plazzi (IT)

12.30 Closing remarks

18/09/2021 | 14.00-14.45 Sponsored Symposium

#### Interest of the histaminergic system management in Narcolepsy

A Moderator: G. Plazzi (IT)

UNS paper - G. Plazzi (IT)

High burden of narcolepsy symptoms C. Caussé (FR)

 Cardiac safety and narcolepsy patient Y. Dauvilliers (FR)

18/09/2021 | 14.45-15.30 Sponsored Symposium

#### **Borderland Narcolepsy in Times of Precision Medicine**

A Moderator: G.J. Lammers (NL)

Introduction and Welcome G.J. Lammers (NL)

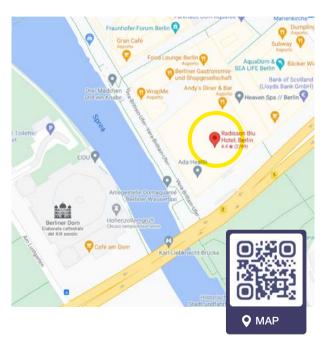
 Treating the Patient Beyond the ESS C. Veauthier (DE)

• Narcolepsy under Special Circumstances A. Heidbreder (AT)

Discussion & questions - All

#### **MEETING VENUE**

RADISSON BLU HOTEL, BERLIN Karl-Liebknecht-Str. 3 10178 Berlin - Germany +49 30 238280



#### **CME CREDITS**

#### EACCME® CREDITS

The 12<sup>th</sup> European Narcolepsy Days - Narcolepsy: Towards an individualized treatment, Berlin, Germany, 18/09/2021-19/09/2021 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 6 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity

18.09.2021 - 4 CME credits 19.09.2021 - 2 CME credits

Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the Evaluation Form.

At the end of the meeting, an e-mail will be sent with the link and instructions to obtain CME credits.

The presence, required by CME regulation, will be tracked during each live session calculating the connection time.

Ärztekammer Berlin: 6 CREDITS

#### **CERTIFICATE OF ATTENDANCE**

Certificate of attendance and CME certificate will be uploaded into your personal area on **events.chorel. eu** at the end of the meeting (an e-mail notification will be sent).

#### **MATERIALS REPOSITORY**

All registered attendees will receive an e-mail notification from the organizing secretary as soon as video recordings of the meeting will be available.



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