

REGISTRATION FEE



To attend the Public Key-note lectures, please register [HERE](#) or scan the QR code.

Full Congress Fee

Participant	20 €
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Deadline for online registration:

24th May 2021

ORGANIZING SECRETARY



ANDREA BARZAGO
European Sleep Foundation
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www.europeansleepfoundation.ch



For more information:

www.europeansleepfoundation.ch/event/think-tank-2021

WITH THE UNCONDITIONAL SUPPORT OF:



hvc Human Health Care



LOCAL ORGANIZER



Prof. Dr. med CLAUDIO BASSETTI
President of the ESF
Chairman, Neurology Department
Bern University Hospital, InselSpital
Dean of Medical Faculty, University Hospital, 3010 Bern, Switzerland



05/05/2021

PROGRAM



WORLD SLEEP FORUM 2021

5th THINK TANK

NEURODEGENERATION AND SLEEP

27-29 MAY 2021
VIRTUAL MEETING

WITH THE PATRONAGE OF:



THURSDAY, 27TH MAY 2021

PUBLIC KEY-NOTE LECTURES

- 14.00 Introduction - *C. Bassetti (CH)*
14.15 Effect of sleep on CSF amyloid
B. Lucey (US)
14.45 Sleep, circadian rhythms, and cognition
A. Spira (US)
15.15 Local sleep and Alzheimer's disease
B. Mander (US)

15.45 Break

16.15-19.15 **WORKSHOP 1 (in parallel)** BASIC MECHANISM OF NEURODEGENERATION RELATED TO SLEEP

 Coordinator: *S. Saxena (CH), B. Lucey (US)*

16.15-19.15 **WORKSHOP 2 (in parallel)** SLEEP DURATION, INSOMNIA AND OTHER SLEEP AND CIRCADIAN DISORDERS IN ALZHEIMER DISEASE

 Coordinators: *A. Spira (US), O. Franco (CH)*

FRIDAY, 28TH MAY 2021

09.00-12.00 **WORKSHOP 3 (in parallel)** SLEEP APNEA, COGNITION AND RISK OF DEMENTIA

 Coordinators: *I. Rosenzweig (UK), L. Ferini-Strambi (IT)*

09.00-12.00 **WORKSHOP 4 (in parallel)** REM SLEEP BEHAVIOR DISORDER IN PARKINSONISM AND DEMENTIA

 Coordinators: *A. Iranzo (ES), C. Trenkwalder (D)*

12.00 Break

PUBLIC KEY-NOTE LECTURES

- 14.00 Introduction - *L. Ferini-Strambi (IT)*
14.15 Risk and predictors of dementia and
parkinsonism in idiopathic REM sleep
behaviour disorder - *A. Iranzo (ES)*
14.45 Sleep apnoea and the brain: a complex
relationship - *I. Rosenzweig (UK)*
15.15 Treatment approaches for sleep
disturbances in Parkinson disease
A. Videnovic (US)

15.45 Break

16.15-19.15 **WORKSHOP 5** NEW DIAGNOSTIC AND TREATMENT APPROACHES FOR SLEEP AND CIRCADIAN DISORDERS IN DEMENTIA

 Coordinators: *C. Bassetti (CH), C. Baumann (CH)*

SATURDAY, 29TH MAY 2021

 Coordinators: *C. Bassetti (CH), L. Ferini-Strambi (IT)*

09.00 General discussion and preparation
of the draft for the publication
All attendees

12.00 Closing remarks

WORKSHOPS PARTICIPANTS

 R. CHOWDHURY
L. LEWIS
B. LUCEY
B. MANDER
A. SPIRA
H. TIEMEIER
A. VIDENOVIC

 C. BASSETTI
C. BAUMANN
O. FRANCO
O. GNARRA
P. KRACK
M. MANCONI
T. NEF
D. NOAIN
S. SAXENA

 L. FERINI-STRAMBI
C. LIGUORI

 U. KALLWEIT
W. RANDERATH
C. TRENKWALDER

 I. ROSENZWEIG
K. VOSSEL

 A. IRANZO

OBSERVER

 F. TRACIK
(BIOGEN INTERNATIONAL)