



# 19th European Narcolepsy MASTER CLASS

NOVEMBER 18<sup>th</sup>, 2022 Bologna, Italy

In collaboration with:



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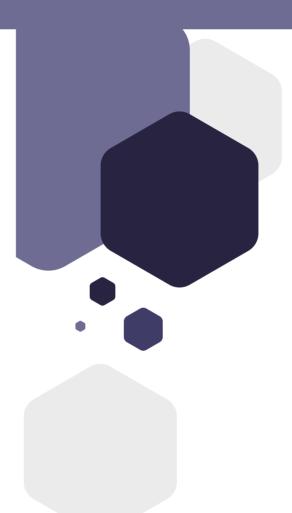
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   Psychiatry and Neurology, Warsaw



## 19<sup>th</sup> European Narcolepsy MASTER CLASS

Dear colleagues, patients, guests and friends,

The 19th European Narcolepsy Masterclass is an full day symposium with participants from all over Europe. All aspects of narcolepsy will be covered: epidemiology, neuroanatomy and biology of sleep and wake, etiopathology, symptomatology and treatment. Furthermore there will be industry sessions and specific focus on practical issues: interactive case discussions on diagnosis and differential diagnosis.

Warm Regards,

Prof. Claudio Bassetti

Mark.

President of the European Narcolepsy Network

#### FRIDAY, 18<sup>TH</sup> NOVEMBER 2022

09.00 Welcome and Introduction

C. Bassetti (CH), U. Kallweit (DE), G Plazzi (IT)

### SESSION 1 - AN INTRODUCTION INTO SLEEP AND WAKE DISORDERS

▲ Moderator: G.J. Lammers (NL)

- 09.10 Basic mechanisms of sleep and wake regulation *R. Fronczek (NL)*
- 09.45 Assessment of sleep and wake disorders (methods and scoring) F. Pizza (IT)
- 10.20 Differential diagnosis of daytime symptoms *C. Bassetti (CH)*

10.55 Coffee break

### SESSION 2 - HYPERSOMNOLENCE DISORDERS (narcolepsy and idiopathic hypersomnia)

A Moderator: G. Plazzi (IT)

- 11.15 Etiology and pathogenesis S. Knudsen-Heier (NO)
- 11.50 Diagnosis Y. Dauvilliers (FR)
- 12.25 Pitfalls in the diagnosis and case presentations (adults and children) M. Lecendreux (FR)

13.00 **X** Lunch

## SESSION 3 - MANAGEMENT OF HYPERSOMNOLENCE DISORDERS (narcolepsy and idiopathic hypersomnia; adults and children) \*\*Moderator: U Kallweit (DE)

- 14.00 Self-care, non-pharmacological management and patients view K. Sonka (CZ)
- 14.35 Pharmacotherapy U. Kallweit (DE)
- 15.10 Discussions S. Seidel (AT), A. Wierzbicka (PL)
- 15.55 Closing remarks
- 16.00 Coffee break



#### CME CREDITS (for Italian participants)

An Italian accreditation at Age.na.s has been made for each meeting as follow:

- 19<sup>th</sup> European Narcolepsy Masterclass ID 363597 | 5 CME credits
- 13<sup>th</sup> European Narcolepsy Days ID 363723 | 6 CME credits

Italian CME credits will be granted to those participants who attend at least 90% of scientific works, fill in the questionnaire assessment of perceived quality and respond correctly at least 75% of the questions in the evaluation questionnaire learning. At the end of the scientific work, it will come sent an e-mail with the relative link to access the CME questionnaire.

#### ITALIAN TARGET AUDIENCE:

Professione: Medico Chirurgo

Disciplina: Geriatria, Malattie dell'apparato respiratorio, Medicina Generale (Medici Di Famiglia), Medicina Interna, Neuropsichiatria infantile, Neurologia, Neurofisiopatologia, Otorinolaringoiatria, Pediatria, Pediatria di libera scelta, Psichiatria, Psicoterapia.

Altre Professioni/Discipline: Odontoiatra, Psicologo, Tecnico di neurofisiopatologia, Terapista della neuro e psicomotricità dell'età evolutiva.

OBIETTIVO FORMATIVO: Contenuti tecnicoprofessionali (conoscenze e competenze) specifici di ciascuna professione, di ciascuna specializzazione e di ciascuna attività ultra specialistica, ivi incluse le malattie rare e la medicina di genere.

#### **UEMS-EACCME® CME:**

The 19<sup>th</sup> European Narcolepsy Masterclass, Bologna, Italy, 18/11/2022-18/11/2022 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 5 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the Evaluation Form\*.

\*You will receive an email with relative link to access the Evaluation form.

#### MEETING VENUE

UNIVERSITY OF BOLOGNA AULA ABSIDALE SANTA LUCIA Via de' Chiari 25/A 40124 Bologna, Italy

#### MATERIALS REPOSITORY

All registered attendees will receive an e-mail notification from the organizing secretary as soon as video recordings of the meeting will be available.



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#### **ORGANIZING SECRETARY**



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#### For more information, visit:

www.europeansleepfoundation.ch/event/19th-european-narcolepsy-masterclass/

